

## ATRIUM PALACE SPA MENU 2020

### FACIAL TREATMENTS

#### **Express Mediterranean facial** **25min - 40€**

This revitalizing facial includes a deep power cleanse, a mask of your choice that match your skin needs, lymph drainage techniques for rapid turnaround topped off with a relaxing scalp massage.

#### **Queen Bee antiwrinkle treatment** **80min - 95 €**

A luxurious anti-ageing treatment that effectively addresses all possible signs of ageing of the epidermis. with high concentration in natural active ingredients and the powerful action of royal jelly, the products of the Queen Bee line are an elixir of youth for the demanding skin. In combination with the face massage enhanced with special techniques of lymphatic decongestion, wrinkle smoothing and muscle activation, the treatment gives unique firmness, luminosity and face lifting effect.

#### **Hyaluronic Smooth & Fill Facial** **60min - 100€**

Correct the signs of ageing with this smoothing and filling Thalgo facial. After a relaxing welcome massage, a cleansing ritual is carried out followed by an exfoliation to smooth the skin and allow optimum penetration of the active ingredients. An expert anti-ageing massage lifts the features and helps the skin absorb in all the Hyaluronic Acid, while a Hyaluronic mask is applied to smooth the skin and leave your complexion glowing.

#### **Exceptional Ultimate Time solution Ritual** **90min - 120 €**

This manual facelift using Thalgo's revolutionary massage technique EnergyLift, targets and tightens individual facial muscles and visibly lifts the entire face providing the Ultimate anti- ageing facial to combat all signs of ageing. Following a deep cleanse to prepare the skin, the massage encourages maximum toning and is combined with the special serum and Ultimate cream which reshape the facial contours. The Mask is then applied infusing the skin with Marine Bio-Cellulose. The treatment is completed with the Ultimate Time Solution Cream and Serum for the eyes and lips. Skin is left visibly smoother, brighter, lifted and nourished.

### BODY SOLUTIONS

#### **Body exfoliation treatment** **25min - 40€**

Choose between a sea salt, coconut shell and Bora Bora sand scrub with Monoi and jojoba oils or a brown sugar, sea salt and plant essential oils scrub. This treatment will promote rough patches elimination, smooth the skin and leave it beautifully soft. Perfect before sun exposure to ensure even and long-lasting tan.

#### **3 Algae Wrap** **45min - 60 €**

The original marine algae wrap, harnessing all the incredible benefits of seaweed. A special patented seaweed body wrap is applied to the specified areas infusing its minerals, vitamins and micro-nutrients to the body. This treatment activates circulation, increases metabolism, promotes body drainage and relieves aches and pains.

## **Silhouette High Precision shaping Treatment**

**50min - 80 €**

This high performance innovative treatment tackles cellulite for amazing results! It features a unique Thalgo-exclusive Body Wrap which infuses pure oxygen into the deep skin cells to detoxify the skin and encourage the release and elimination of stored fats. Corrective concentrates packed with active ingredients are applied to target zones to refine and re-sculpt cellulite-prone areas and address lack of firmness. The Perfect Sculpt Massage is then carried out for 25 minutes, using techniques specifically designed to correct problems related to cellulite. The treatment finishes with the application of Intensive Correcting Cream or High Performance Firming Cream.

## **FACE & BODY COLLECTION**

### **Atrium Signature hydrating treatment**

**70min - 85€**

This is the perfect treatment after long sun exposure. A relaxing body massage with a soft hydrating body cream nourishes the skin, relieves the muscles and unwinds the mind. To top this unique experience, the face is then treated with a mask that suits its special needs. You shall leave the spa feeling completely relaxed and renewed.

### **Glowing mother to be**

**85min - 110€**

Nurture your body at this precious time with a specially designed therapy to treat muscle aches, reduce fluid and imbue total rejuvenation of the face and body. The pregnancy specific massage and tailored facial combine into one seamless pleasure melting away fatigue and revealing a radiant you.

### **Royal Honey anti-ageing treatment**

**70min - 80 €**

The “Queen” of treatments, an elixir of youth, designed exclusively to utilize the nourishing ingredients from the hive of APIVITA. The crystallized honey exfoliates the body while at the same time moisturizing and softening the skin. The luxurious body massage that follows relaxes the senses. The treatment includes a short facial with fresh royal jelly that nourishes, rejuvenates and restores glow and vitality to even the most demanding skin.

## **MASSAGE COLLECTION**

### **Relax & Renew (soft pressure massage)**

**25min - 45€ / 50min - 65€**

A relaxing soft massage that uses the techniques of the Swedish massage to release the body tension and restore the body and mind's well-being.

### **Pure Rejuvenation (medium pressure massage)**

**25min - 55€ / 50min - 75€**

A medium pressure massage based on the philosophy of Swedish massage for those who enjoy a stronger approach. The muscles get relaxed, the body unblocks the mind unwinds.

### **Deep tissue massage (strong massage)**

**25min - 65€ / 50min - 90€**

A massage therapy that focuses on realigning deeper layers of muscles and connective tissue. It is especially helpful for chronic aches and pains and contracted areas such as stiff neck and upper back, low back pain, leg muscle tightness and sore shoulders. The movements are slower and the pressure is deeper and concentrated on areas of tension and pain in order to reach the sub-layer of muscles.

## **Relaxing Back & neck Massage**

**25min - 40 €**

Targeting these specific areas where all tense concentrates this massage releases stress, ease the muscles and restores body comfort and well-being. In only a few minutes you will feel relaxed and recharged.

## **Foot massage**

**25min - 40€**

A rejuvenating massage for tired feet. A short but completely salutary ritual that relieves, relaxes and nurtures the feet using reflexology and drainage techniques.

## **Anti-cellulite massage**

**25min - 60€**

Special targeted massage designed to increase blood circulation, eliminate toxins, stimulate the lymphatic system and reduce the appearance of cellulite. This massage alternatively squeezes and pinches the fat deposits and then kneads the muscles in the affected areas to roll the bulging fat away from the connective tissues. The skin surface feels smoother and toned.

## **Aromatherapy massage**

**50min - 70€**

Invigorating and relaxing massage that fully utilizes the aromatherapy expertise of APIVITA. Select a unique blend of essential oils (relaxing, revitalizing or muscle relieving) with exceptional benefits to your skin as well as your mood and let yourself get carried away in an unforgettable journey of the senses.

## **Candle Massage**

**50min - 80 €**

A luxurious body massage with special aromatic candles for energy, relaxation and firming. Delicate, creamy warm candle flow on the body while a combination of manual massage, stretching, soft pressures and long strokes relax the muscles helping the body shed all tensions and the skin becomes silky soft and nourished.

### **WAXING**

Full leg	30€
Half leg	20€
Full arm	20€
Half arm	10€
Under arm	10€
Classic bikini	15€
Over lip	10€

### **NAIL TREATMENTS**

Classic nail polish change	15€
French nail polish change	20€
Classic manicure	35€
French manicure	45€
Classic pedicure	45€
French pedicure	55€
Gel polish by OPI (hands)	50€
Gel polish by OPI (feet)	65€
French Gel polish by OPI (hands)	55€
French Gel polish by OPI (feet)	65€